

ALBUM INFO (see on the web at www.tiffanythurston.com)
Tiffany Thurston Project "Life"

Executive Producer: Thurston-Pacific, Inc.
Produced by: Dave Tucciarone & Tiffany Thurston
Engineered by: Dave Tucciarone
Mixed by: Drew Douthit
Mastered by: Chris Athens for Sterling Sound, NYC

www.tiffanythurston.com
www.myspace.com/tiffanythurston

Do Whatcha Gotta Do

written by: tiffany thurston

VERSE 1

I don't wanna feel like I'm far from You
I don't wanna live the way I used to
Don't understand my ways, but I'm gonna change
Please come into my heart, can You rearrange

CHORUS

Every single thought, Every single fault
Everything I am, Everything I'm not
All I wanna be, All that I can see
Oh, change my life, Change me
I just wanna live, Every single breathe
Giving You my all, Put me to the test
Oh, I'm here for you, I'm here for you, Do whatcha gotta do

VERSE 2

I know I have my faults, and I can live with that
Cause faults are helping me, to come right back
And take a different stance, in everything I do
See, I still need the King, to help me through

CHORUS

Every single thought, Every single fault
Everything I am, Everything I'm not
All I wanna be, All that I can see
Oh, change my life, Change me
I just wanna live, Every single breathe
Giving You my all, Put me to the test
Oh, I'm here for you, I'm here for you, Do whatcha gotta do

BRIDGE

Oh Lord, do whatcha gotta do...
Oh Lord, You're the only One Lord
I'm here for You
Ooh...

INSTRUMENTAL (Guitar Solo)

BRIDGE

Oh Lord, do whatcha gotta do...
Oh Lord, You're the only One Lord
I'm here for You
Ooh...

CHORUS

Every single thought, Every single fault
Everything I am, Everything I'm not
All I wanna be, All that I can see
Oh, change my life, Change me
I just wanna live, Every single breathe
Giving You my all, Put me to the test
Oh, I'm here for you, I'm here for you, Do whatcha gotta do

Credits//

Dave Tucciarone: Acoustic Guitar / Bass / Programming / Electric Guitar

Shawn Pimental: Drums

Bryan Kessler: Electric Guitar Solo

Tiffany Thurston: BGV's

Recorded at: The Rainforest Room (Audio Resource) / Studio Dave

All I Really Needed

written by: tiffany thurston

VESRE 1

I, I wanna run away
To another place
That's far from here
Here, I am misunderstood
I never thought I would
Encounter this fear

Of going to a place unknown
Then finding it is not my home
I look around and ask myself
Where, where am I supposed to be

CHORUS

Then I realized
When I opened my eyes
That all that I was missing was You
I never saw before
Until I left You for a piece of more
But what I thought I needed wasn't true
Cause all I really needed was You

VERSE 2

I, can't think of a better day
To finally say
"I know I was wrong"
Will, will please take me back
Forgive me for what I lack
Cause this road has been long

But in the midst of all that I have done
I am thankful for the rising sun
I am learning more, what life's about
Now, now I'll never walk alone

CHORUS

Cause I realized
When I opened up my eyes
That all that I was missing was You
I never saw before
Until I left You for a piece of more
But what I thought I needed wasn't true
Cause all I really needed was You

BRIDGE

There's no other place
There's no other face
Like Yours
There's no other sound
There's no other ground
Like Yours

CHORUS

Now I realize
When I open my eyes
All that I was missing was You
I never saw before
Until I left You for a piece of more
But what I thought I needed wasn't true
Cause all I really needed was You

CHORUS

Now I realize
When I open my eyes
All that I was missing was You
I never saw before
Until I left You for a piece of more
But what I thought I needed wasn't true
Cause all I really needed was You

Credits//

Imua Garza: Acoustic Guitar / Electric Guitar
Shawn Pimental: Drums
Dave Tucciarone: Bass
Tiffany Thurston: BGV's
Recorded at: The Rainforest Room (Audio Resource) / Studio Dave

A Song For You

Written by: Leon Russell

Credits//

Kit Ebersbach: Arrangement / Piano
Steve Jones: Bass
Noel Okimoto: Drums
DeShannon Higa: Trumpet
Recorded at: The Rainforest Room (Audio Resource) / Studio Dave

Freeway

written by: tiffany thurston

VERSE 1

So many ways to go
So many ways to turn
With all the roads that we can choose
There so much we can learn
Sometimes we're moving fast
Sometimes we're moving slow
It really doesn't matter
If we know where we want to go

CHORUS

It's a freeway
With the choices that we make
And the turns that we must take
It's a freeway
It's really up to you
Where you're headed to

VERSE 2

If you take a left
When you meant to take a right
You can start again
Make a turn at the next light
And you are not alone
'Cause we all will make mistakes
Don't let it bother you
Just remember the road to take

CHORUS

Down that freeway
Whatever choices that you make
That will be the road you take
Down that freeway
Oh, it's really up to you
Where you're headed to

INSTRUMENTAL BREAK

La, la, la...

CHORUS

Down that freeway
Whatever choices that you make
That will be the road you take
Down that freeway
Oh, it's really up to you
Where you're headed to

OUTRO (8 bars)

You can listen music as you go
Talk to a friend, turn the music down low
Or you can look at all the beautiful sites
Don't turn left, you gotta turn right

CHORUS

Down that freeway
Whatever choices that you make
That will be the road you take
Down that freeway
Oh, it's really up to you
Where you're headed to

INSTRUMENTAL BREAK

La, la, la...

Credits//

Dave Tucciarone: Programming / Acoustic Guitar
Randy Aloya: Bass
Tiffany Thurston: Programming / BGV's
Recorded at: Studio Dave

Be

written by: tiffany Thurston

VERSE 1

There are so many stars in the sky to see
There are so many leaves that live on a tree
But if one leaf fell, would you know?
Or if one star didn't shine, would it show?

We all want to stand out in this big, vast place
So we conform and we mold without leaving a trace
Of who we are in our hearts and our minds
We forget that we're one of a kind

CHORUS

So, be who you are
There is no need to stray from your heart
Forget what the world says
You're a fine work of art
If you'll be who you are

VERSE 2

There's a reason you're not made just like me
If you were there'd be no variety
Many parts that are all the same
Make it harder to play the game

CHORUS

So, be who you are
There is no need to stray from your heart
Forget what the world says
You're a fine work of art
If you'll be who you are

BRIDGE

Don't ever be what the world tries to tell you to be
Be true to yourself and the rest will come so easily, just be

CHORUS

So, be who you are
There is no need to stray from your heart
Forget what the world says
You're a fine piece of art
If you'll, be who you are

CHORUS

So, be who you are
There is no need to stray from your heart
Forget what the world says
You're a fine piece of art
If you'll, be who you are

Credits//

Dave Tucciarone: Acoustic Guitar / Electric Guitar Solo / Organ / E. Piano
Shawn Pimental: Drums
Jack Ofoia: Bass
Jonny Kamai: Electric Guitar
Tiffany Thurston: BGV's
Recorded at: The Rainforest Room (Audio Resource) / Studio Dave

Sunshine

written by: tiffany thurston

VERSE 1

Not alone, but here with you
Thinking 'bout the dreams
That you've brought me to
All my life, I've searched for more
Never realizing you'd open the door
To see all I've never seen
And to breathe what I now breathe

CHORUS

You are the sunshine of my life
You are the answer to my strife
You are the miracle, I've waited to see
You bring me joy when I'm without
Knowing your love I have no doubt
You are the angel that God has sent for me

VERSE 2

Thinking back, through the years
Never did I imagine,
That love would find me here
But I'm so glad, that it came
Cause it's for that very reason
That I'll never be the same
It humbles me everyday
And I'm so thankful to say

CHORUS

You are the sunshine of my life
You are the answer to my strife
You are the miracle, I've waited to see
You bring me joy when I'm without
Knowing your love I have no doubt
You are the angel that God has sent for me

CHORUS

You are the sunshine of my life
You are the answer to my strife
You are the miracle, I've waited to see
You bring me joy when I'm without
Knowing your love I have no doubt
You are the angel, that God has sent to me

Credits//

Chris Sanders: Piano
Dave Tucciarone: Bass / String Programming
Recorded at: AVEX / Studio Dave

That Day

written by: tiffany thurston

VERSE 1

You said you loved me
You looked deep in my eyes
I felt the butterflies
Now it's a memory
Of a day I won't regret
But a love I can't forget
I didn't know,
How you could affect me
I was so blind
Now you still have the best part of me

CHORUS

You have my heart and soul
My thoughts and all my dreams
It's more than it may seem to you
I'm just another girl
With cargo in my head
I remember what you said...
That day

VERSE 2

Cleanse my desire
You're the first and last I see
You take control of me
Cause I'm getting tired
Of living in my dreams
This hopeless fantasy

I can't explain,
How I can't seem to get over you
Am I derranged
To say that I still love you

CHORUS

You have my heart and soul
My thoughts and all my dreams
It's more than it may seem to you
I'm just another girl
With cargo in my head
I remember what you said...That day

CHORUS

You have my heart and soul
My thoughts and all my dreams
It's more than it may seem to you
I'm just another girl
With cargo in my head
I remember what you said...
That day

Credits//

Jonny Kamai: Electric Guitar
Shawn Pimental: Drums
Jon Porlis: Percussion
Dave Tucciarone: Acoustic Guitar / Organ
Randy Aloya: Bass
Tiffany Thurston: BGV's
Recorded at: The Rainforest Room (Audio Resource) / Studio Dave

No Good-bye

written by: tiffany thurston

VERSE 1

I think of you when I'm lonely
I think of you when I'm down
Why can't you be with me
And turn my life around

Although you are here in spirit
It's never been quite the same
My days are losing sunshine
And filling up with rain

CHORUS

You're a castle in the sand
An eagle flying high
A sudden gust of wind
A smile passing by
You're the voice that's deep within
The reason why I try
You're my love, my life, my all
With you there's no good-bye

VERSE 2

I look to you when I'm weary
I feel you right next to me
How you motivate me
To be all I can be

I know you are always with me
Loving me endlessly
Although I cannot see you
You're in everything I see

CHORUS

You're a castle in the sand
An eagle flying high
A sudden gust of wind
A smile passing by
You're the voice that's deep within
The reason why I try
You're my love, my life, my all
With you there's no good-bye

BRIDGE

I know that we will never part
Cause your heart is here with me
Surround me with your endless love
Cause your love, is all that I need

CHORUS

You're a castle in the sand
An eagle flying high
A sudden gust of wind
A smile passing by
You're the voice that's deep within
The reason why I try
You're my love, my life, my all
With you there's no good-bye

CHORUS

You're a castle in the sand
An eagle flying high
A sudden gust of wind
A smile passing by
You're the voice that's deep within
The reason why I try
You're my love, my life, my all
With you there's no good-bye

Credits//

Dave Tucciarone: Programming / Acoustic Guitar

Tiffany Thurston: BGV's
Recorded at: Studio Dave

Sorry

written by: tiffany thurston

VERSE 1

I don't know what to feel
I don't know how to say, sorry
I know I've caused you pain
I wish that I could change, everything
Forgive me is what I ask of you
And honesty is what I'll give to you

VERSE 2

Regret is in my heart
And that is where I'll start, sorry
I'm guilty as you say
Hope you can find a way, to love me
Forgive me is what I all I ask of you
And honesty is what I'll give to you

INSTRUMENTAL BREAK

VERSE 3

My fate is in your hands
With that, please understand, sorry
Respecting what you choose
Hoping I will not loose, everything
Forgive me is what I ask of you
And honesty is what I'll give to you
And honesty is what I'll give to you

Credits//

Dave Tucciarone: Acoustic Guitar
Recorded at: Studio Dave

Refuge

written by: tiffany thurston

VERSE 1

Tortured by emotions
Wounded in the head
Hope may seem frail
But I'm playing dead
Been stabbed in the back
Shot in the heart
My life has changed
The end is my start
Though I fight in this battlefield
I've learned to win, not to give in
Never thought that I'd come this far
Never knew that I lived in a war

CHORUS

When I'm down (Take me to my Refuge)
Don't make a sound (Take me to my Refuge)
When I'm weak (Take me to my Refuge)
Feel like a freak (Take me to my...)
And when I go in I begin to progress in my soul
And I know I am rescued

VERSE 2

Deceived a million times
Don't read between the lines
Straining to survive
Temptation my demise

The truth is in my heart
Hidden is the key
Which opens up the door
To my eternity
Though I live in this battlefield
I've learned to win, not to give in
Never thought I'd be standing here
Finally learned to face my fears

CHORUS

When I'm down (Take me to my Refuge)
Don't make a sound (Take me to my Refuge)
When I'm weak (Take me to my Refuge)
Feel like a freak (Take me to my...)
And when I go in I begin to progress in my soul
And I know I am rescued

BRIDGE

Swamped in my tears
Afraid of my fears
Reject all that's near
My thoughts so unclear
I need a place
Personal space
To figure out, figure out
What it's all about

INSTRUMENTAL (Guitar Solo)

OUTRO

You are my refuge
You are my refuge
You are my refuge
You are my refuge (Repeat 3x)

INSTRUMENTAL (Guitar Solo)

OUTRO (Slow Version)

You are my refuge
You are my refuge
You are my refuge
You are my refuge (Repeat 3x)

Credits//

Imua Garza: Acoustic Guitar
Travis Pagimola: Electric Guitar
Shawn Pimental: Drums
JP Kennedy: Bass
Dave Tucciarone: E. Piano
Tiffany Thurston: BGV's
Recorded at: The Rainforest Room (Audio Resource) / Studio Dave

Life

written by: tiffany thurston

VERSE 1

When I was a little girl
I heard about Your Name
I never really understood
How it could change
The way I lived, the way I moved,
The rules of the game
Of life, of life

Day by day I went my way
My own direction
I didn't know I had Your love
Or Your affection
Then finally I realized
That Your conviction
Was there, it was there

CHORUS 1

You were there when I was nine
Watching me grow over time
Now You have moved me to a place
Where I, can finally understand Your grace

VERSE 2

Everyday I read Your Word
And more about You
I sang in church and joined the club
Like good Christians do
I thought my life was really good
I thought I was cool
With You, what a fool

You didn't solely want the good
You wanted my heart
Cause when the rain began to fall
My walls fell apart
But like You do
You picked me up
And helped me to start
A new, life with You

CHORUS 2

You were there when I was blind
Guiding me over time
Now You have moved me to a (new) place
Where I, can finally understand Your grace

VERSE 3

So here I am
A broken girl
Looking for You
I've seen a lot
But don't know much
Just trying to find who
I'm supposed to be in all of this
I haven't a clue
I need You

CHORUS 3

You were there when I was nine
Watching me grow over time
Now You have moved me to a place
Where I, can finally recognize Your grace

Credits//

Tiffany Thurston: Piano
Dave Tucciarone: Strings

Stand On Your Promise

written by: chad brownstein & tiffany thurston

VERSE 1

You gave me a desire
A vision for my soul
A mission I'd pursue
I strived to reach your goal
You placed me in the fire
A hopeless pit of flames
From dream to fantasy
My condition couldn't change

CHORUS

Can I stand on Your promise?
Can I still trust in You?
If my faith does not falter,
Will You prove Yourself true?

Will this make me grow stronger?
Is tomorrow guaranteed?
Show Your presence in my life
I have no greater need

VERSE 2

Death so near, You so far
I can't see Your plan
I'm hanging on to my hope
With You I can stand
My body is broken
And my soul is the same
Heal, renew, refresh me Lord
All in Jesus name

CHORUS

Can I stand on Your promise?
Can I still trust in You?
If my faith does not falter,
Will You prove Yourself true?
Will this make me grow stronger?
Is tomorrow guaranteed?
Show Your presence in my life
I have no greater need

BRIDGE

My life became a question,
And Your answers were made know
My belief in You was not misplaced
Cause in my heart,
I see that You've shown

CHORUS

That I can stand on Your promise
I can still trust in You
Oh, my faith will never falter
Cause You have proven Yourself true
You have made me grow stronger
As Your Word has guaranteed
I feel Your presence in my life
I have no other need

Credits//

Shawn Pimental: Drums

Michael Ruff: Piano / Programming

Armiris Palmore: Choir Arrangement / Director

Choir: Roberta

Recorded at: The Rainforest Room (Audio Resources) / Studio Dave / Michael Ruff (Kauai, Hawaii) / Chicago